

# Factors predicting frequent use of emergency department services among geriatric population: A systematic review

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## BACKGROUND

- Seniors are consistently overrepresented in emergency department (ED). <sup>1-2</sup>
- A subgroup of these patients is considered frequent users <sup>3</sup>
  - A minority of patient using a great proportion of ED
- Frequent ED use brings up challenges
  - Health statut and implementation of interventions <sup>4-5</sup>
- No recent synthesis on geriatric frequent use of ED

## OBJECTIVE

Review variables predicting frequent use of ED among an elderly population

## METHODS

Design: Systematic review

Joanna Briggs Institute (JBI) guide for prevalence and incidence studies handbook <sup>6</sup>

Search strategy: Publication searched through MEDLINE, CINAHL, HealthStar and PsyINFO

Inclusion criteria: Population over 65 year old

Report frequent use of ED

Multivariate or logistic regression analysis

Study selection: Endnote supported the entire work

Titles and abstract screened by 1 reviewer

Full texts screened and data extracted by 2 reviewers

Quality assessment: JBI Critical Appraisal Checklist for Studies Reporting Prevalence Data <sup>6</sup>

Performed independently by 2 reviewers

Data synthesis: Narrative synthesis

## PRELIMINARY RESULTS

Figure 1. PRISMA flow diagram of search results <sup>7</sup> Table 1. Characteristics of included studies

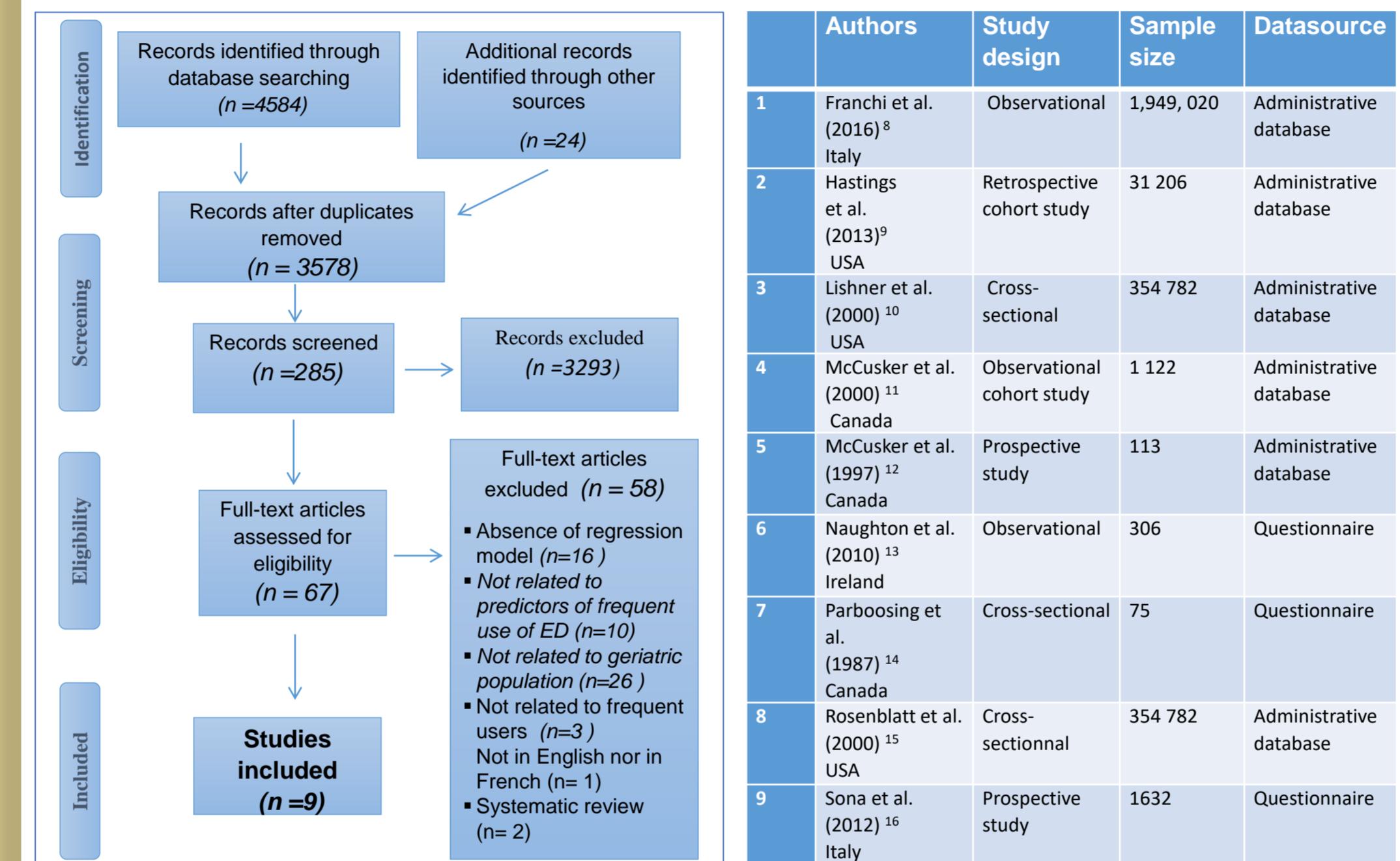


Table 2. Predictive factors most strongly associated with frequent ED visits among seniors

Predictive factors of frequent ED visits	Details	Number of studies using this variable	Number of studies where the variable was significant	References
Healthcare services use				
Emergency department	Previous ED visit	5	3	1-2-4
Hospital admission	In previous months	9	7	1, 2, 3, 4, 6, 7, 8
Socioeconomic and medical				
Social support	Lack of support	5	4	2-4-5-6
Physical and mental illness	Drug and alcohol disorder	2	2	2-4
Physical diseases	Heart disease	2	2	2-9
	History of diabetes	2	1	4
	Respiratory disorder	2	1	4
	Pulmonary neoplasm	2	1	9
Prescribed drugs	Number of drugs prescribed	3	2	1-9

## DISCUSSION

Among identified predictors

- Some were more strongly associated with frequent use of ED by seniors
  - Preliminary results are mostly validated by literature <sup>17</sup>
- The variables taken into account in the regression model varied greatly among the studies
- Imputable to method and sample characteristics

## Conclusion

Multiple factors are related to frequent ED use by senior

If some predictors are clearly identified in the litterature, other research needs to be done to further develop our comprehension and appropriate interventions

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