

Physician enabling skills questionnaire - English

Introduction

Thank you for taking the time to complete this questionnaire.

There are no “right” or “wrong” answers, but please make sure to answer all the questions as best you can.

Participant number

Date: _____

Instructions

Please follow the instructions to answer each question. If you are unsure, please check the box that best describes your experience. All your answers will remain confidential.

Thinking about regular visits with your family doctor, please rate your level of agreement with the following statements:

1. I feel at ease with my family doctor.				
Strongly disagree	Disagree	Uncertain	Agree	Strongly agree
2. My family doctor knows my medical history.				
Strongly disagree	Disagree	Uncertain	Agree	Strongly agree
3. My family doctor asks about the consequences of my health problems on my life.				
Never/very rarely	Rarely	Sometimes	Often	Always/very often
4. My family doctor asks me about what I feel.				
Never/very rarely	Rarely	Sometimes	Often	Always/very often
5. My family doctor wants to know whether I have any problems in my life other than health problems.				
Never/very rarely	Rarely	Sometimes	Often	Always/very often
6. My family doctor gives me tips or useful advice.				
Never/very rarely	Rarely	Sometimes	Often	Always/very often
7. I feel that my family doctor understands my suffering or my problems.				
Strongly disagree	Disagree	Uncertain	Agree	Strongly agree
8. I feel that my family doctor respects my choices.				
Strongly disagree	Disagree	Uncertain	Agree	Strongly agree
9. My family doctor helps me see things more positively.				
Strongly disagree	Disagree	Uncertain	Agree	Strongly agree
10. My family doctor is open to discussing my concerns.				
Strongly disagree	Disagree	Uncertain	Agree	Strongly agree

11. My family doctor listens to me.				
Strongly disagree	Disagree	Uncertain	Agree	Strongly agree
12. I feel that my family doctor is interested in me.				
Strongly disagree	Disagree	Uncertain	Agree	Strongly agree
13. My family doctor asks about my life context (family, work, etc.)				
Never/very rarely	Rarely	Sometimes	Often	Always/very often
14. My family doctor knows how I react to various life events.				
Strongly disagree	Disagree	Uncertain	Agree	Strongly agree
15. My family doctor knows what to say to reassure me.				
Never/very rarely	Rarely	Sometimes	Often	Always/very often
16. My family doctor understands me.				
Strongly disagree	Disagree	Uncertain	Agree	Strongly agree
17. My family doctor takes me seriously.				
Strongly disagree	Disagree	Uncertain	Agree	Strongly agree
18. My family doctor helps me obtain the care I need.				
Never/very rarely	Rarely	Sometimes	Often	Always/very often
19. I have developed a connection with my family doctor.				
Strongly disagree	Disagree	Uncertain	Agree	Strongly agree
20. I trust my family doctor.				
Strongly disagree	Disagree	Uncertain	Agree	Strongly agree
21. My family doctor helps me become aware of certain situations that can be harmful to my health.				
Never/very rarely	Rarely	Sometimes	Often	Always/very often

22. My family doctor helps me see what I am capable of doing to improve my health.				
Never/very rarely	Rarely	Sometimes	Often	Always/very often
23. My family doctor helps (or would help) me access more urgent care when necessary.				
Strongly disagree	Disagree	Uncertain	Agree	Strongly agree
24. My family doctor looks after my interests in the health care system.				
Strongly disagree	Disagree	Uncertain	Agree	Strongly agree
25. My family doctor encourages me to adopt a healthy lifestyle (to exercise, eat well, not smoke, etc.).				
Strongly disagree	Disagree	Uncertain	Agree	Strongly agree
26. My family doctor knows (or would know) how to provide encouragement if I need it.				
Never/very rarely	Rarely	Sometimes	Often	Always/very often
27. My family doctor encourages me to ask questions.				
Never/very rarely	Rarely	Sometimes	Often	Always/very often
28. My family doctor takes my preferences into account.				
Never/very rarely	Rarely	Sometimes	Often	Always/very often
29. I am satisfied with the way my family doctor involves me in decision-making.				
Strongly disagree	Disagree	Uncertain	Agree	Strongly agree
30. My family doctor congratulates me on my accomplishments.				
Never/very rarely	Rarely	Sometimes	Often	Always/very often
31. I feel that my family doctor and I are a team.				
Strongly disagree	Disagree	Uncertain	Agree	Strongly agree

32. My family doctor seems to collaborate well with other health professionals.				
Strongly disagree	Disagree	Uncertain	Agree	Strongly agree
33. My family doctor asks about my hobbies and interests.				
Never/very rarely	Rarely	Sometimes	Often	Always/very often
34. My family doctor finds (or would find) the right words to give me hope if I am discouraged.				
Never/very rarely	Rarely	Sometimes	Often	Always/very often

Thank you! Your participation is greatly appreciated. The information you provide is very important to us.

Score calculation

The instrument uses 2, 5-point Likert scales: the first scale ranges from 1 being very rarely or never to 5 being very often or always; the second scale ranges from 1 being strongly disagree to 5 being strongly agree. The total score is the sum of all questions. The possible score of the scale ranges from 34 to 170.

Score:

Reference

Hudon C, Lambert M, Almirall J. Physician Enabling Skills Questionnaire: Validation of a newly developed instrument in primary health care. *Can Fam Physician*. 2015 Nov;61(11):e517-23.