

TIPS TO ENGAGE THE PERSON IN THE APPROACH (MEETING IN PERSON)

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Apply the principles of a person-centred interview

According to this approach, the professional must:

- Ensure the meeting is focused on the person and their needs and concerns;
- Reduce any barriers to communication as much as possible;
- Identify the emotions of the person, show understanding, respect, and support.



Allow the person to be accompanied by a friend or relative

Being accompanied by a friend or relative can be reassuring and make it easier for the person to understand.



Use visual aids

The use of images, videos, diagrams or other types of media makes it easier for the person to understand and show to their relatives (e.g. personal journey map or capsule available on the website v1sages.ca).



Show interest in the person

The professional must get to know the person, by taking an interest in their life in general and in their life project. In addition, to foster the development of new skills and the person's commitment to the approach, the professional must orient their assessment to identify what is important to the person and what could motivate them.